



Returning to Work After Cancer Treatment

A three week course for dealing with the practical and emotional challenges of going back to work after cancer

The course will provide a chance to answer questions that include the following:

- ✓ How do I know when I'm ready to go back to work? How will I feel?
- ✓ How do I return to work successfully after treatment?
- ✓ How do I feel more confident talking with my boss and with colleagues?
- ✓ How do I respond to others' well intentioned advice or comments about my return to work?
- ✓ What are my rights to ask for adjustments to my job?

***Thursdays 14th, 21st, 28th September
12-2pm***

To find out more please drop-in to the centre or contact us on 01865 751882 or oxford@maggiescentres.org. Pre-Booking is required.